

Our Herbs

We grow our herbs without pesticides or chemical fertilizers. We forage herbs from forest and field (not from roadsides). When we need to source additional herbs we select organic / pesticide-free products.

The following are some of the herbs we grow and forage / harvest:

Basil
Boneset
Burdock
Calendula
Comfrey
Echinacea
Fennel
Goldenrod
Holy Basil
Hibiscus (Rose of Sharon)
Joe Pye Weed / Gravel Root
Lemon Balm
Mints - peppermint, spearmint, apple mint, mountain mint, chocolate mint
Motherwort
Mueillin
Mugwort
Oregano
Parsley
Plantain
Red Clover
Rue
Sage
Valerian
Wild Sarsaparilla
White Pine
Yarrow
Yellow Dock (Curly Dock)

We are constantly adding more medicinal plants to our forest!

About Us

It all started with a permaculture class in 2013. Permaculture stands for permanent agriculture. It's about growing food mimicking the forest, which all nature goes back to if left undisturbed. There is a social aspect as well. The basic principles of permaculture are earth care, people care, and fair share. I fell in love.

Since then, I've been working to create a permaculture food forest, integrating medicinal herbs and making medicine - drying herbs and making herbal extracts, teas, and other herbal products. In February, 2018, I completed The Science & Art of Herbalism Certificate program, under Rosemary Gladstar.

I've dubbed myself an herbaculturist - a word that encompasses the permaculture aspect of my herbalism. For me, it's all about the plants and our connection to them. My motto - there are no weeds! I named my food forest after the dandelion, which most people see as an invasive weed but which is one of our best medicinal herbs. And I've always loved them, even before I knew that about them.

Chris

All of our herbs are grown without pesticides or chemicals, or sourced certified organic / pesticide-free. Our blends are designed to help with specific conditions - but this claim has not been evaluated by the FDA and you should check with your doctor / pediatrician before taking anything new or giving to a child, especially if you are on medication, are pregnant, or have a serious medical condition. Stop using if you experience an allergic reaction. Our products are formulated for adults.

The herbs we use in our teas are gentle ones that can be taken daily, and our pregnancy blend contains only nourishing herbs considered safe during this time.



Dandelion Forest

Permaculture Herb Farm



Herbal Products for Healthy Living

Our full product list, including ingredients, can be found at www.dandelionforest.org. We are constantly adding more products that may not be in this brochure.

Shortcut to website...



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Where it's all about the plants...and our connection to them

Herbal Teas & Extracts

Tea Tin - \$8.50, Refill - \$7, Bulk - \$21

*A tin/refill contains 16 teaspoons of loose tea.
Our bulk size equals 3 refills.*

Brain Booster - Clarity Blend

FLAVOR PROFILE: light & nutty
Contains cacao (a small amount of caffeine) and ginkgo, which has blood thinning properties.

Cha Cha Chai - with Chaga!

FLAVOR PROFILE: spicy

Coffee, Not! - Healthy Coffee Alternative

FLAVOR PROFILE: robust with a touch of bitter

For Baby & Me - Pregnancy Tonic

FLAVOR PROFILE: light & herbal with a hint of mint

Goodnight Tea - Relaxing Blend

FLAVOR PROFILE: robust with a touch of bitter

Sunshine Mint - Uplifting Blend

FLAVOR PROFILE: a minty tea with a hint of lemon

Take Heart - Heart tonic

FLAVOR PROFILE: tart & fruity (try it chilled)

Tummy Tamer - Soothing Blend

FLAVOR PROFILE: floral with a touch of spice

Vita-lady - Women's Tonic

FLAVOR PROFILE: light & herbal with a hint of mint

Vita-man - Men's Tonic

FLAVOR PROFILE: light & herbal with spicy notes

For Me Tea - \$50 (consult fee)

Requires an herbal consult, and includes your first container of tea. We save the formula and you can reorder at any time, at our regular tea prices.

Tea brewing accessories - \$10

We re-sell a wide-rimmed stainless steel tea strainer and a pack of 100 disposable unbleached tea filters.

Herbal Extracts - \$12/ounce

Made with organic or wildcrafted herbs and organic alcohol, vinegar, vegetable glycerin, or a combination. Can be paired with an herbal consult and we will create a custom extract for you (plus your first 4-ounce extract free). Available in 1, 2, & 4 ounce sizes.

CRAMP BARK, CRAMP BARK & WHITE WILLOW, ECHINACEA, ELDER FLOWER & BERRY, RESPIRATORY BLEND, VALERIAN, WHITE WILLOW

Herbal Oils - \$7.50/1 ounce

Simple (1-herb) oil extracts and some blends.

CALENDULA, EARACHE, FRANKINCENSE

Hot Stuff - \$12/8 ounces

A spicy, vinegar-based immunity tonic for the cold and flu season. Known elsewhere as Fire Cider. Available in 8, 16, or 32 ounces for \$12/\$24/\$48 plus a \$1 bottle deposit.

Bidet Spray - \$7.50 / \$10

Spray on toilet paper instead of using personal wipes. Contains witch hazel and herbal extracts. Good for you, good for the environment. 1 & 2 ounce sizes.

We are working on an online store! Meanwhile, you can contact us directly with product questions and to order.

Other Goodies

Herbal Sleep Pillow - \$7.50

Filled with relaxing herbs to help you fall asleep. Scrunch the pillow to release the scent of calm. Tuck into your pillowcase at night.

Smudge Stick - \$5, Abalone Shell - \$12

A smudge stick is like incense. Light the tip until it begins to smolder then, holding it over the shell, walk around the room, wafting the aroma.

Herbal Salts / Seasonings - \$10

Herbal blends for cooking.

Culinary Herbs, fresh / dried - \$1.50 / \$3

Grown at Dandelion Forest, bagged whole to retain maximum flavor. Just crumble as you use them.

Medicinal Herb Seeds - \$2

Grow your own herbs!

Insta-scab - \$5

Yarrow powder sprinkled on wounds will help stop bleeding and has antiseptic, anti-inflammatory, and pain-relieving properties.

Bug-me-not! - \$12

Natural bug spray for adults made from essential oils that repel mosquitoes, ticks, flies, and gnats.

Essential Oil Sprays- \$5 / 2 ounces

A variety of sprays for healthy living. COOLING SPRAY, HAND SANITIZER, PILLOW SPRAY, ROOM SPRAY

Soy Candles - \$8/\$12

Lightly scented with essential oils or unscented. Comes in a 4-ounce or 8-ounce mason jar.